

# Caring for Dementia: Safety Checklist

Please complete each checklist to help reduce the risk for accidents. You can use this list to note the changes you will need to make in order to enhance the Veteran's safety.

## **Manage wandering behaviors**

- Put locks or alarms on windows and doors if needed.
- Put a sign that says "Stop" on any door that leads outside.
- Have your loved one wear an ID bracelet with their name, address, and phone number.
- Tell neighbors what to do if they see your loved one wandering.

## **Prevent driving problems**

- Look for signs that they may need to stop driving, such as getting lost or ignoring traffic signs.
- Talk with their healthcare provider
- If needed, take the car keys or even move the car where they can't see it.
- Swap car keys for another set of keys, if your loved one is in the habit of carrying keys.
- Don't leave them alone in a parked car.